

Look over this list of people, services and professional advisors. Put an 'x' to mark whether you need this support now or in the future.

Type of Support / Advisor	I need this help now	I will need this help in the future	I do not need this support
Emergency recovery (food, shelter)			
Attorney/legal advice			
Tax expert			
Doctor			
Nurse/long-term care			
Hospice/end-of-life care			
Physical therapy			
Rehabilitation therapy			
Psychiatrist/psychologist/counselor			
Support group			
Consumer rights advocate			
Insurance agent			
Financial advisor			
Investment broker			
Career counselor			
Headhunter/job services			
Relationship counselor			
Mediator			
Child care			
Elder care			
Pet care/boarding			
Mortgage broker			
Real estate agent			
Apartment finder			
Contractor/construction			
Handyman/home repairs			
Plumber/electrician			
Auto mechanic			
Other:			

