

# Plug Spending Leaks Worksheet

Item (Examples)	Cost of Item(s)	Cost Per Month	Cost Per Year
Soft drinks (2 each work day for 20 days) from vending machine ( <i>example</i> )	\$0.75	\$30.00	\$360.00
New clothes			
Long-distance phone calls			
Snacks/convenience store purchases			
Eating out			
Coffee with friends			
Magazines/books			
Movies			
Video/DVD rentals			
CDs/tapes			
Gifts			
Cable TV			
Cellphone			
Other			
Other			
Other			
Other			



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